



## NORTH KIDLINGTON SCHOOL

North Kidlington School inspires and develops every individual to enjoy, achieve and succeed



Dear Parents/Guardians,

### Happy New Year

Welcome back to school – I hope that you all had a relaxing break and were able to spend some quality time with loved ones.

The children are already back in the swing of things at school; every class I visited today was buzzing with the excitement of exploration and learning.



A beautiful Barn Owl drawn by Olivia in Year 2

After the worrying report from [Public Health England](#) on children and sugar on the 2<sup>nd</sup> of January, I have been talking to the children about their sugar intake and how to be aware of all the added sugars there are hidden in so many everyday things.

You may have seen in my window the recommended maximum sugar intake for children in different age groups. After learning this, the children were really surprised to hear that there were 25g in a chocolate bar – that's 6g over total amount of sugar a child between 4 and 6 should have a day! They were also shocked to find out that there was added sugar in bread, tomato ketchup and baked beans!

### Ignite Sports After-School Clubs

This term, the Wednesday club will be Dodge ball and Thursdays will remain Football. Sessions are £4 each and you can sign up online at:



<https://www.ignitesportuk.com/course/after-school-clubs>

### Spring Dates

Half term is 18<sup>th</sup> – 22<sup>nd</sup> February 2019.

We will break up on the 15<sup>th</sup> February at the usual time of 3:15

We will break up for the Easter holidays on the 5<sup>th</sup> April at 1pm.

There are no INSETs this term

Dates of events and activities in the Spring term will be in next week's newsletter.

### Stargazing Oxford 2019

Last year over 1200 people of all ages gathered at Stargazing Oxford as they sought to explore the wonders of the Universe. Join us again as our astronomers will be on hand to answer all your questions including: "What constellations can you see in the night sky this month?", "Why do stars explode?", "Is there life on other planets?" and "What happened at the very beginning of the universe?"

<https://www2.physics.ox.ac.uk/events/2019/01/26/stargazing-oxford-2019>

### La Jolie Ronde French Club

We offer children the opportunity to excel and enjoy a fun and positive approach to language learning through our award winning programmes, giving them confidence when attending language classes at primary and secondary levels. The continuing French class for children in Years 5 and 6 re-starts on **Tuesday 15th January 2019** at North Kidlington Primary. Each lesson is half an hour, from 12.00 until 12.30.

The continuing French class for children in Years 2 to 3 re-starts on the same day, from 12.30 until 13.00. Throughout Terms 3 and 4, we are offering a block of 10 lessons between 15th January and 26th March, at a cost of £55.00.

New pupils are invited to join French club, as the material is designed with repetition throughout and the children soon get up to speed. An Activity Book with a CD will be required for new joiners only, at a cost of £15.00. 'Payment plans' can be arranged on request.

For dates and further information, please contact the club leader, Beverley Greenway: [greenwayba@yahoo.co.uk](mailto:greenwayba@yahoo.co.uk) or phone 07578 448039

**Did you know: Too many sugar-sweetened drinks are one of the main causes of kids becoming obese.**

Emilie Fidler

Thursday 10<sup>th</sup> January, 2019

Acting Head teacher

